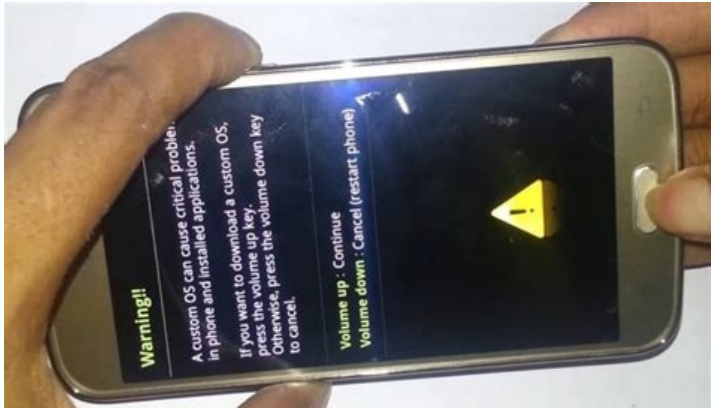
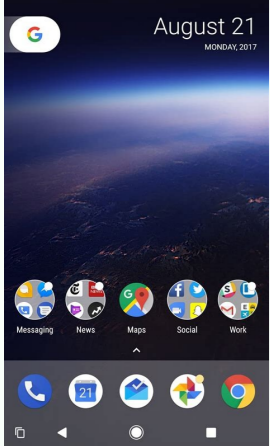


Oreo infotech app

Continue



Oreo tricks. How to make oreo cake with oreos.

Media Platforms Design Team You've watched the commercials and seen Apple conquer the world of things without apps one mission after another. So, in light of this app-filled world, Men's Health (and our readers) started thinking: What isn't there an app for? Here are 6 apps that we wished existed—and a few that, once we searched hard enough, we found actually do exist! What Is That? Snap a photo of that weird/gross/confusing rash/infection/fungus and this app will analyze your picture, spit out a possible diagnosis, and how to treat it. @MensHealthMag #MyHealthApp what would be nice is if you take a picture of the food in front of you, it tells you how many calories it is.— corporatedude (@corporatedude) January 9, 2012 You're Doing It Wrong Designed to save your back and knee pain, this app will operate much like the Nike Golf Swing Analyzer—except for the gym. Film yourself doing a deadlift, pushup, or bench press and this app will point out all that is wrong (plus how to fix your mistakes). Unfortunately not included: How to hit on the girl doing yoga. More from MensHealth.com: The 25 Best iPhone Apps for Men The Nap-inator After answering a questionnaire that analyzes what puts you to sleep most quickly (Bob Ross paintings, Brian Eno music, or Planet Earth documentaries), this app will create a knockout effect that plunges you deep into an instant power nap. @MensHealthMag An App outlining all the vitamins/minerals present in my diet, so I can ensure that I'm getting a proper balance #MyHealthApp— Sean Reilly (@TheReillyDude) January 9, 2012 Interval Interruptions Once activated, this app will announce an interval workout over whatever music you're listening to—no special playlist required. It'll give you an interval timing the same way the iPhone interrupts your music for a phone call. (WorkoutMuse Pro is the closest thing we've found.) Here are the real apps we rushed to download the second we heard about 'em: MapMyRun A runner's must. This app maps your run—and so much more. A simple download and you'll be able to track not only your distance, but your pace, calories burned, and elevation. See an activity feed of your friends' workouts, search a database of over 26 million running routes, and even get voice prompts as you work out. (Related: Watch our interview with the MapMyRun founder.) Fitness VTC Bodybuilder Jay Cutler and his team become your personal trainers with this app—without the hourly fee. Check yourself against exercise videos of Jay demonstrating the moves, and figure out ingredients for the healthiest postmeal workout. You can create a custom 30-day workout plan—with meals included—and update personal stats on the go. SitOrSquat Bathroom Finder We've all been there. This app doesn't just find the nearest bathroom, it makes sure it's open, shows reviews, and sometimes shows pictures of the toilets in the bathroom. It's also got all the dirt on the bathroom's features—like which ones have a condom vending machine. Tons of Useful Apps! Click here to view all of the Men's Health apps—our groundbreaking iPad edition, Eat This Not That!, MH Workouts, and Jimmy the Bartender. Cassie Shortsleeve Freelance Writer Cassie Shortsleeve is a skilled freelance writer and editor with almost a decade of experience reporting on all things health, fitness, and travel. A former Shape and Men's Health editor, her work has also been published in Women's Health, SELF, Runner's World, Men's Journal, CNTraveler.com, and other national print and digital publications. When she's not writing, you'll find her drinking coffee or running around her hometown of Boston.

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